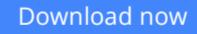


Low Carb: 500 Low Carb Recipes to Lose Pounds, Boost Metabolism and Eat Healthy (Low Carbohydrate, Low Carb Cookbook, Keto, Paleo, High Protein)

Sarah Peterson



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Savor 500 Low Carb-Packed Diet Recipes to a Healthy Body!

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Whether you are taking the first steps of your New Year's resolution or simply looking to modify your food intake and get healthy, a Low Carb Diet is certainly a great choice for you no matter what time of the year. Throughout this book, you will be introduced to some of the most mouth-watering recipes that are easy to prepare, and before you know it, the Low Carb Diet will cease to be a diet; it will become a way of life.

Check out the amazing recipes below!

- Low Carb Vegetable Quiche
- Low Carb Mediterranean Greek Salad
- Low Carb Cheesy Broccoli Chicken
- •Low Carb Veggie Stir-Fry
- Low Carb Seared Scallops
- Low Carb Cauliflower Casserole
- Low Carb Chocolate Avocado Mousse Surprise
- MUCH MUCH MORE!

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