



The New Southwest: Classic Flavors with a Modern Twist

Meagan Micozzi

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When Meagan Micozzi relocated to the desert of Arizona, she literally felt like a fish out of water. Finding comfort and inspiration in local foods, flavors and ingredients, Micozzi soon had a new mission: interview native home cooks, research recipes, and then perfect techniques until she had them just right. She launched the Scarletta Bakes blog in 2011 to document her adventures in the kitchen. Since then, thousands of readers have sought out the blog for its innovative approach to southwestern food.

Now Micozzi has prepared a collection of all new recipes in her first cookbook. You'll find favorites like Navajo Fry Bread and Salsa Verde as well as imaginative offerings that showcase her quirky take on southwestern fare including Vegan Puffy Tacos with Cumin-Spiced Hummus, Pomegranate & Lime Chicken Thighs, and even Peanut Butter & Jelly Empanadas. Seasoned with humor and common sense throughout, this is the perfect cookbook for anyone who loves the flavors of the American southwest!

The cookbook includes more than 80 easy-to-follow recipes with color photos; a detailed guide to the Southwestern pantry with sections on spices, ingredients, chiles, and essential equipment; and informative sidebars about ingredients and techniques throughout.

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