



Reiki for Children

Kytka Hilmar-Jezek ND

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The Original #1 Best-Seller and ONLY Book on Reiki for Children *Consistently in the TOP 100 in 3 categories for over 4 years!* Reiki is a complete system of natural healing. It is 100% pure, organic, natural and holistic. Reiki works with your whole being on all levels. It is the most primal and basic form of healing available. Everyone has the ability to perform Reiki healing and anyone can learn it.

Over 40 Chapters Including

- The Reiki Principles
- The Story of Reiki and Dr. Usui
- Performing a Reiki Healing Treatment
- Common Reiki Hand Positions
- Using the Reiki Symbols

??? Reiki is a Natural Healing Method Perfect for Children It is ideal for children because in the process of learning Reiki, they learn about their bodies, their inner spirit, their personal power and their connection to the universal life force, which is universal love. Children who practice Reiki are much more mature as well as learning about their own maturing bodies. They gain understanding of anatomy and physiology - really learning how it works to move energy for holistic health.

??? Empower Your Children to Be In Charge of Their Own Health and Well-Being In a style which enhances self esteem throughout, Kytka Hilmar-Jezek, guides the reader on a journey of self discovery to their inner power and strength. She discusses the importance of practicing loving kindness and how each one of our actions has an effect in the universe.

??? Get Your Copy of the Best-Selling Book from Reiki Master Kytka Hilmar-Jezek With chapters on chakras, auras, positive thinking, meditation, grounding and spirit guides; this book is much more than a book about Reiki for children. This wonderful book is a long and overdue guide for youth of today. It serves as an instruction manual for living a life where you honor yourself and others.

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