



# The Great Ceviche Book, revised

*Douglas Rodriguez*

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## **Start Fresh**

Ceviche—fresh seafood cured in citrus—boasts lively, bright flavors along with a low-fat, high-protein healthiness. In this revised edition of *The Great Ceviche Book*, award-winning chef Douglas Rodriguez reminds us why he is the foremost Latin chef in America. You'll find straightforward instructions and confidence-building advice to walk you through all the ceviche fundamentals: its basic formula of six ingredients, the four safety commandments, helpful kitchen equipment to have on hand, and serving suggestions to create beautiful presentations. Rodriguez's passionate take on the subject offers more than forty diverse ceviche recipes, from traditional dishes originating in Central and South America such as Chilean Sea Bass with Lemon Oil and Ecuadorian Shrimp, to recipes that draw on diverse ethnic influences such as Gingered Toro Tuna with Soy and Sesame. Chapters on tasty side dishes and helpful basics round out everything you need to know to make this simple yet sophisticated cuisine in your own kitchen. Rodriguez's streamlined preparations allow home cooks to focus on the virtues of freshness and pure flavors. *The Great Ceviche Book* is the definitive, authentic guide to this vibrant cuisine.

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#### **Frank Hudson:**

Spent a free time to be fun activity to complete! A lot of people spent their leisure time with their family, or their particular friends. Usually they carrying out activity like watching television, about to beach, or picnic inside the park. They actually doing same thing every week. Do you feel it? Would you like to something different to fill your personal free time/ holiday? May be reading a book may be option to fill your cost-free time/ holiday. The first thing that you'll ask may be what kinds of publication that you should read. If you want to attempt look for book, may be the publication untitled The Great Ceviche Book, revised can be very good book to read. May be it is usually best activity to you.

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