



# Models for Change in Social Group Work (Modern Applications of Social Work)

*Marian F. Fatout*

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While most currently available textbooks on social group work practice rely on a single theoretical model, *Models for Change in Social Group Work* shows beginning students as well as practitioners how to make maximum use of the various models available. This text begins with a broad historical view of the theory and practice of working with groups and traces the struggles within the profession to merge group work and casework. Next, the "mainstream model" is delineated and distinguished from the various theoretical approaches developed as alternative therapeutic models. Fatout explores notable specific approaches: the "encounter groups" of Carl Rogers; Skinnerian behavior modification; the Gestalt groups of Fritz Perls; Eric Berne and his Transactional Analysis; the "Reality Therapy" of William Glasser; the "positive peer" model of Vorrath and Brendtro; and the neuro-linguistic programming of Grinder and Bandler. Each of these approaches is analyzed in terms of its historical development, purpose, and target population. Fatout reviews the methodology, procedures, and techniques practitioners use in each approach and provides illustrations and appraisals of success in its application.

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