



The Narcissist Next Door: Understanding the Monster in Your Family, in Your Office, in Your Bed-in Your World

Jeffrey Kluger

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From “one of our country’s most admired science writers” (Dr. Sanjay Gupta) comes a “well-researched and entertaining” (*Slate*) exploration of narcissism, including how to recognize it and how to handle it.

The odds are good that you know a narcissist—probably a lot of them. The odds are also good that they are intelligent, confident, and articulate—the center of attention. They make you laugh and they make you think. The odds are also that this spell didn’t last.

Narcissists are everywhere. There are millions of them in the United States alone: entertainers, politicians, businesspeople, your neighbors. Recognizing and understanding them is crucial to your not being overtaken by them, says Jeffrey Kluger in his provocative book about this insidious disorder.

With insight and wit, Kluger explains the surprising new research into narcissism and the insights that research is yielding. He reveals how narcissism and narcissists affect our lives at work and at home, on the road, and in the halls of government; what to do when we encounter narcissists ; and how to neutralize narcissism’s effects before it’s too late.

As a writer and editor at *Time*, Kluger knows how to take science’s new ideas and transform them into smart, accessible insights. Highly readable and deeply engaging, this book helps us understand narcissism and narcissists more fully.

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