



It Has A Name!:: How To Keep Control Freaks & Other Unhealthy Narcissists From Ruining Your Life

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What is behind controlling personalities? A must read for living in today's society where self-centeredness is becoming more the norm. The author shares her journey of discovery about the nature of unhealthy narcissism. Readers will learn how to recognize people who display unhealthy narcissistic personality traits, the root cause of the personality disorder, what makes them do what they do, the nature of abuse, the negative effects of collective narcissism on our society, and ways to recover from being victimized by manipulators and abusers.

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