

## Italian, Indian and Chinese Box Set (4 in 1): Over 100 Traditional and Healthy Italian Pasta, Pizza Recipes. Indian Meals and Chinese Soups and Stir-Fries (Authentic Recipes)

Sheila Hope, Monique Lopez, Eva Mehler, Tina Zhang



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# **Book One: Low Carb Italian Pasta: Best Pasta Recipes Made Healthy and Delicious, Low Carb, Vegan, Gluten Free**

The readers will:

• Learn how to make Italian pasta dishes that are healthy and easy.

• Be encouraged to experiment and try out different kinds of pastas to make all their Italian or any type of pasta recipes or dishes.

• Find out how to tailor fit recipes based on their diet lifestyles or preferences.

• Get to know different substitutions in terms of ingredients in order to recreate some of the recipes featured in this book.

• And so much more

### **Book Two: Homemade Pizza Recipes: Over 50 Recipes of Crusty, Cheesy Goodness**

#### Inside You Will Learn:

• Creating the perfect dough

- Preparing the sauce
- Choosing the right cheeses and toppings
- 50 different pizza ideas to get your creative juices flowing

## **Book Three: Indian Slow Cooking: Over 50 Easy and Delicious Meaty, Vegetarian and Vegan Indian Recipes, Gluten-Free Desserts for Your Slow Cooker Plus Secrets of Indian Spices!**

#### Inside You Will Learn:

• Learn and familiarize yourself with the different spices and blends that Indian home cooks will find and use in their kitchens.

• Over 50 really stress-free, easy and ultimately delicious Indian recipes that can be made using a slow cooker or crock pot.

• And so much more

## **Book Four: Chinese Cooking at Home: From Soups to Stir-Fry, 50 Delicious Recipes for Every Occasion!**

#### Inside You Will Learn:

- How Chinese cooking differs from another fare
- How to identify some unfamiliar flavors and spices
- How to recreate your favorite restaurant meals
- Tips & Tricks for Chinese cooking like the pros
- The best way to adapt your favorites with just a few ingredients
- 50 Delicious Chinese food recipes
- And much more

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