



# Completing Distinctions: Interweaving the Ideas of Gregory Bateson and Taoism into a unique approach to therapy

*Douglas G. Flemons*

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Completing Distinctions develops a new way of thinking about the connection between problems and solutions for family and systems therapists. The author suggests that addiction and other social and ecological dilemmas stem from the belief that distinctions such as hate and love, sickness and health, or problem and solution are irreconcilable oppositions. Flemons shows how much separations can be completed so that genuine healing can occur in individuals, families, organizations, and ecologies. Written in a playful style, the book includes short client-therapist dialogues that illustrate the author's approach.

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