



248 Drills for Attacking Soccer

Alessandro del Freo, Alessandro del Freo

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This excellent book will help all coaches with one of the most complex and significant aspects of the game of soccer -- the build-up of the attack. It is in the attacking game that the player's ability to react correctly to difficult situations comes to the fore. The exercises in this book are designed to teach your players to make exact evaluations in critical moments and look for suitable solutions without prescribing to a prearranged strategy. Soccer is a game of reaction, the match can not be scripted. Intelligent, creative attacking play is essential in overcoming the ever changing defensive schemes in the game today. The 248 exercises in this book and their numerous variations will help you train your players to keep their composure and stay focused in the face of unexpected or seemingly impossible situations. An excellent coaching tool.



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