



# **The Animal Healer: A Unique Insight into the Healing, Care and Wellbeing of Animals**

*Elizabeth Whiter*

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# The Animal Healer: A Unique Insight into the Healing, Care and Wellbeing of Animals

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**The Animal Healer: A Unique Insight into the Healing, Care and Wellbeing of Animals** Elizabeth Whiter

With clear, concise and immensely practical advice on how animals communicate, behave and self-medicate, "The Animal Healer" is ideal for anyone who wishes to understand more about animals, healing and themselves. When her horse 'Wow' was seriously injured, Elizabeth Whiter discovered her incredible talent for hands-on healing and also observed how Wow took steps to heal himself. Now with over 1,000 animals treated, Elizabeth shares her remarkable journey, knowledge and experience. She also explains many of the theories that inform her practice including how to provide hands-on healing; sensing and aligning the energies; zoopharmacognosy - an emerging science that refers to the instinctive methods animals use to self-medicate; and, how to feed your animals, providing delicious recipes that are healthy for both you and your pets. "The Animal Healer" shows how a remarkable experience has led to wisdom that anyone who cares about animals will find invaluable.

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