



Study Guide for Whitney/Rolfes' Understanding Nutrition, 13th

Eleanor Noss Whitney, Sharon Rady Rolfes

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Thoroughly revised for the 13th edition, this study guide features a multitude of chapter review materials: fill-in-the-blank chapter summaries, multiple-choice sample test questions, new matching exercises and crossword puzzles for key terms review, short answer and discussion questions, calculation problems, and figure identification items--all built around the chapter learning outcomes.

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