



Soul-Hearted Partnership: Creating the Ultimate Experience of Love, Passion, and Intimacy

Debra L. Reble, Ph.D.

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Happy relationships is the stuff not only of dreams but also of real life. In the provocative new model of relationship set forth in *Soul-Hearted Partnership*, longtime counselor Debra L. Reble, Ph.D., shows how dreams of amazing relationships come true when individuals cultivate first a soul partnership with themselves and then a soul-hearted partnership with a loved one. Unwilling to continue living in passive coexistence by sacrificing their soul's expression or by looking for a partner to complete or guide them, men and women of all ages and circumstances, Dr. Reble reports, are manifesting their dreams of a fulfilling life and, in the process, partnerships that foster their spiritual growth. Partnership as a vehicle for spiritual development is an idea whose time has come. *Soul-Hearted Partnership* lays the groundwork by presenting a series of spiritual principles for integrating body, heart, spirit, and soul internally and intertwining the combined energies with those of a loved one. Strategies are offered to keep the flow of the joined energies, rooted as they are in a shared energy source, expanding until it permeates all aspects of their lives as individuals and a couple. As such, this landmark guide takes soul mate to a new level. While relationship with a soul mate offers the potential for a deeply felt spiritual connection, soul-hearted partnership channels this energy into an everyday experience on earth. Readers will benefit not only from the cultivation of extraordinary relationships with friends as well as a beloved partner but also from this book's innovative approaches to jealousy, fear, old grievances, vulnerability, expressing soul potential, and cocreating with spirit while simultaneously deepening intimacy with a loved one. Tips are included on everything from balancing masculine and feminine energies to energetic love-making. Each chapter concludes with practical exercises designed to help spark the fullest expression of energetically charged love, passion, and intimacy.

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