



Our Search for Meaning: Essays on Spirituality and Gestalt Therapy

Brian O'Neill

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This book brings together the overlapping paths of psychology, spirituality and gestalt therapy. It considers the life of pioneers who have gone before on this journey and left a well marked trail for others to follow - those who have contributed to the bridging of the psychological and spiritual, such as Carl Jung, Evelyn Underhill, William James, Emanuel Swedenborg, Roberto Assagioli, Viktor Frankl and Wilson Van Dusen. It begins with a series of essays on spirituality and psychology and moves to the specific relationship between spirituality and gestalt therapy. This book attends to what many people can relate to today - the common threads which bring understanding to our life through these interrelated streams - spirituality, psychotherapy and our search for meaning.

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