



# **The Longest Mile: A Doctor, a Food Fight, and the Footrace that Rallied a Community Against Cancer**

*Christine Meyer MD*

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In the course of their lifetime, one out of two men and one out of three women will be diagnosed with cancer. Many of us watch in desperation as our friends and loved ones fight for their lives. But after seeing several of her patients and her dearest aunt engage in a battle with cancer, Dr. Christine Meyer decided to embark on a quest for hope?and through happenstance and love, a team of runners emerged that empowered a community to make a difference, not only in the lives of cancer patients, but in one another's lives. Along the way, Meyer learned that the true measure of a doctor's success is not the number of lives saved but the number of lives *touched*.

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