



# Substance Abuse and Addiction Treatment: Practical Application of Counseling Theory

*Todd F. Lewis*

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**Substance Abuse and Addiction Treatment: Practical Application of Counseling Theory** Todd F. Lewis  
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*Substance Abuse and Addiction Treatment* shows how to help clients struggling with addiction by looking through the lens of counseling theory. After tackling basic concepts of substance abuse and dependence counseling, it looks at different counseling theories and how each supports the client with substance abuse issues. Offering more how-to's than most books, the author provides concrete descriptions of counseling theory in action, so readers know how to intervene during a real counseling session. A consistent case study is used throughout the entire book to illustrate different treatment approaches and techniques. The Enhanced Pearson eText features embedded video.

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