



Medical Management of Eating Disorders (Cambridge Medicine (Paperback))

C. Laird Birmingham, Janet Treasure

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Eating disorders are known to affect between 1 and 4% of all women, and a smaller proportion of men. This text is designed to provide all health professionals with the practical information they need to treat patients with anorexia nervosa and related eating disorders. A user-friendly structure allows the reader to access information on the basis of physical complaint. The book is divided into five sections, each consisting of a case, discussion of the topic and a summary of key points. For the second edition, sections have been added on Munchausen's syndrome, the medical risk of death, ruminating, Superior Mesenteric Artery Syndrome, shoplifting, substance use, and patient self-help. The text is supplemented with diagnostic color photographs of important physical manifestations of eating disorders. The text is suitable for all health care professionals involved in eating disorder management, with special information provided for general practitioners, nursing staff, family carers and nutritionists.

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