



Analytical Hypnotherapy, Volume 1: Theoretical Principles

Jacqueline Morison

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This volume effectively identifies the client's innermost conflicts with the goal of resolving them and releasing the client's full potential. It provides a unique investigation into the way that the analytical approach has influenced a range of current therapeutic philosophies, presenting the ultimate means of treating even the most challenging therapeutic disorders. It examines aspects of humanistic thinking and cognitive strategies which concentrate on activating the client's inner resources and unconscious mind. It offers practical guidance on the application of effective therapeutic investigation using hypnosis as well as presenting numerous case studies that cover: transference and counter-transference; defensive strategies; dreams and symbolic imagery; and, therapeutic investigation. This book is a comprehensive guide to the theoretical principles of analytical hypnotherapy.

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