



# Spiritual Combat: How to Win Your Spiritual Battles and Attain Peace

*Lorenzo Scupoli*

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St. Francis de Sales carried a copy of this book in his pocket for 18 years!

Its wisdom formed his soul; it inspired him to a life of the deepest devotion, and ultimately it helped him become one of the Church's greatest saints. Now this book can do the same thing for you.

It's no longer fashionable to speak of the Christian life as a battle, but there s actually no better way to describe the tug-of-war for your soul that's raging right now between the forces of light and darkness.

Here, Dom Lorenzo Scupoli helps you take your proper part in this spiritual battle so that you can win decisively the war for your soul.

This book has been loved by saints and sinners alike ever since it was written four hundred years ago. Why? Because it offers sensible advice to help you overcome spiritual obstacles and achieve spiritual perfection.

Not only what, but how!

Best of all, *Spiritual Combat* doesn't just tell you what you ought to be doing in order to live a truly Christian life it also shows you how to do it.

These directions include:

With wise spiritual guidance like this and much more, you'll soon be winning all your spiritual battles battles that most people concede without a fight!

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