



# Reach Your Dreams: Five Steps to be a Conscious Creator in Your Life

*Ph.D Alice Chan*

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## **Reach Your Dreams: Five Steps to be a Conscious Creator in Your Life** Ph.D Alice Chan

Do you have a picture of your dream, but feel uncertain-or even afraid-of what it'd take to make it real? Do you feel an inner nudge to do something, but have no clear idea of what it is, let alone what to do? Are you frustrated with seemingly just marking time in your life, but don't know what you really want or what changes to make? Are you tired of wondering why things seem to just happen to you and wishing you had more control over your own destiny? Are you simply looking for a concise roadmap to raise your consciousness in how you live? If your answer to any of these questions is yes, this book has your answers!

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