



# Essential Oils For Allergies: A Complete Practical Guide of Natural Remedies and Ailments

*Susan Scott*

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# Essential Oils For Allergies: A Complete Practical Guide of Natural Remedies and Ailments

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**Essential Oils For Allergies: A Complete Practical Guide of Natural Remedies and Ailments** Susan Scott

This book will help you learn all about overcoming allergies. Essential oils are becoming better known as an alternative treatment than mainstream medicine. With clinical studies currently underway in Europe, Australia, Japan, India, the United States, and Canada, many of these studies describe the remarkable healing properties of various oils. **Here's What You'll Learn** • Blending and storing essential oils • Safety precautions when using Essential Oils • Most effective essential oils for allergies • Remedies for common ailments that include: - Itchy Eyes - Eczema - Food Allergies - Hay Fever - Mold Allergies - Urticaria - Sinus Headache - Atopic Dermatitis Susan Scott, the author, survived a bleeding ulcer and was hospitalized for days after severe blood loss. She found the healing qualities of essential oils and discovered a whole new world.

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